

Grit and Gears II A challenging route over wild terrain for experienced riders.

Grade	Mountain Biking
Distance	23km/14 miles
Time	4 hours
Start	Tegg's Nose Country Park
Map	OS Explorer Map 268
Terrain	Minor roads and challenging off road sections
Barriers	N/A
Toilets	Tegg's Nose Country Park
Contact	01625 614279



Route Details

A challenging route over wild terrain. The weather can change quickly so be prepared for cold and wet conditions. Carry drink and a snack with you since the route is physically grueling.

Highlights include the bridleway ride to Danebower Hollow from the Cat and Fiddle pub, the beautiful descent through the Cumberland Brook valley and leisurely ride along Wildboardclough.

Note that the concessionary bridleway through Macclesfield Forest can be busy with walkers at weekends.

The ride follows many old trackways which have been in use for hundreds of years. The sunken bridleway below Tegg's Nose is a beautiful example of an ancient track which once carried packhorses laden with salt into the hills.

Directions

1. Cycle down Saddlers Way from Tegg's Nose car park.
2. Bear right at the road and around the left hand bend.
3. The road turns into a track to the left of a stone house. Follow the track that bends right between two stone walls.
4. The track joins a road by a farmhouse. Follow the road to the top of the hill and turn right along a rough track.
5. At Forest Chapel cycle past the church and turn right down a track between two walls. Turn left at the bottom of it and at the next junction turn left again.
6. Turn right by the Stanley Arms and head up hill to the A537.
7. Turn right at the main road. By the cat and fiddle, cross the road with care. Follow the bridleway across the moor.
8. Turn right at the A54 and after approximately 1km take the track on the right which follows Cumberland Brook down to Wildboardclough.
9. Turn right and at the next junction bear right.
10. Turn left signed to Forest Chapel.
11. At the top of the hill turn left along the track marked as a concessionary bridleway. Cycle with care since pedestrians will also be using the track. Follow this bridleway across the higher slopes of the Forest passing the footpath for Shutlingsloe. Don't follow any footpaths signed Trentabank whilst cycling through the Forest.
12. Turn right at the tarmac road towards Trentabank.
13. Turn left towards Langley and cycle past Ridgegate and Bottoms reservoirs.
14. Turn hard right down Holehouse Lane and follow the bridleway around the base of Tegg's Nose and back via Saddlers Way to the car park.